Dear CONNECT Family, Family Spiritual Practice

Faith Talk:

Where do you need God to be at work in the day/week to come?

I invite you to breathe deeply for 2 or 5 minutes using the IN phrase for your inhale and the OUT prase for your exhale. Prompts can be spoken internally or outloud.



IN - Be still OUT - My soul

What I am reading/listening:

3 Ways to Recharge this Summer

Summer Kindness Bucket List

What I am watching:

God Sends The Holy Spirit

Pentecost - Chuck Knows Church

Quote, I've Been Thinking About...

"When we enlarge our view of the world, we deepen our understanding of our own lives." -Yo-Yo Ma

WHAT WE ARE WONDERING ABOUT

Practice Theme: The Cup of Freedom

Easter is a time of "alleluias!" When death seems to have had the last word and rising up feels locked down, we call on the power of love and life. We take up Jesus' cup of freedom, we call on the name of the One Who Is Truly Sovereign, and we claim the freedom to move forward, to sing, to follow, to rise again, to love, heal, and be opened. In the end, we are filled with the freedom of the Spirit of God.

Last Sunday:

Last Sunday, we focused on the theme, "Freedom to Open" based on the Scripture of the book of Ephesians 1:15-23. Jesus prepared the disciples to be witnesses, to continue to preach the Gospel message, and to be his Body alive in the world by opening their understanding. We have the freedom to open our hearts and minds to receive what God will give-and that gift is the Holy Spirit.

We worshiped together in the Sanctuary! It was Communion Sunday. Chelsea HS Graduates were celebrated.







This Sunday:

This Sunday, our focus will be on the Scripture of Acts 2: 3-4. The day is here! We celebrate the birth of the Body of Christ filled with the holy Spirit alive in the world in and through us, the disciples of Jesus. The presence of Christ through "the Advocate," as promised, is always real. We turn to see each other, to know each other, as Beloved of God. this is the source of our peace and our freedom. It is PENTECOST Sunday, the seventh Sunday after Easter, the celebration of the Holy Spirit and the birth of the church.



WONDER ROOM - CHILDREN'S LIBRARY & SPIRITUAL PRACTICE ROOM

The Wonder Room is a quiet and welcoming place for children to spend time—reading, reflecting, or experimenting with different ways to pray and practice their faith. Whether it's curling up with a story, lighting a candle, or creating something at one of the stations, our hope is that this space becomes a sanctuary for wonder, curiosity, and spiritual growth.

We've also set aside a small corner with **resources for parents**—books and materials to support you as you nurture faith at home, create meaningful rhythms, and walk alongside your children on their spiritual journey.



Coming Up

June 08 SUMMER CONNECT - 10 AM (One Service)

Pentecost & Confirmation Sunday

Pentecost Sunday

June 15 SUMMER CONNECT - 10 AM (One Service)

June 22 SUMMER CONNECT - 10 AM (One Service)

June 29 SUMMER CONNECT - 10 AM (One Service)

July 06 no CONNECT - 10 AM (One Service)

All worship Together - Communion Sunday

MARK YOUR CALENDAR !!!!



Chelsea First UMC is hosting and would like to invite you to an end-of-the-year celebration.

When: June 6

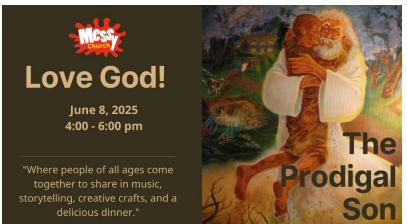
Where: Pierce Park and Twisters

Time: 5pm

We will meet at Pierce Park for a time of celebration where we will serve pizza and drinks and the children will have time to play. At 5:45 pm we will walk to Twisters for some delicious ice cream. Come Join us! Please RSVP and let us know if you can come so we can plan accordingly.

MESSY CHURCH





THIS SUNDAY!!

Our focus on Messy Church this Sunday is on the parable of the Prodigal Son! The loving father runs out to welcome his younger son home and also leaves the party to find his older son. This is a party-giving extravagant God who loves all unconditionally. **Come celebrate with us!!!**

PARENT/CAREGIVER GROUP

We will meet soon again! Contact me for more information!

Wonderful online classes

Michigan State University Extension

Child and Family Development Offerings

Extension Parenting Hour

Class dates:

7/1/2025: Making Food Fun for the Picky Eater

7/8/2025: Parenting and Family Relationships When a Family Member has a Disability

7/15/2025: Inquiring Minds Want to Know: Science for Young Children

7/22/2025: Learning to Talk: Development of Speech-Language Skills

7/29/2025: Positive Discipline

Class Times: 8:00PM to 9:30PM

Registration: https://msu.zoom.us/webinar/register/WN_TKeNBJe9TPuaxV5_KLPOXQ

For more information contact Courtney Aldrich at <u>aldric82@msu.edu</u>

The Parent Talk System

Do you feel like the children in your care aren't listening to you? Do you find yourself constantly repeating yourself trying to gain compliance? This 6-week series is for parents and caregivers of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available. **This class is eligible for MIRegistry Credit!**

Class dates: Thursdays, July 10, 17, 24, 31, August 7, 14

Class times: 7:30pm-9:00pm ET

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_9ymsFvepoXP3cFw

Attached is a flyer and graphics for social media

For more information, contact Courtney Aldrich, aldric82@msu.edu

WATCH:

Online CONNECT Services:

https://www.youtube.com/watch?v=bz3mi2gdRuA

https://www.youtube.com/channel/UC-oDHg9zalmC42npYW0EvTA

Follow us on Instagram

- Instagram - follow us on Instagram http://instagram.com/chelseafumc.children

Love and Peace, Susan



Ordinary people learning to love like Jesus.





