



*Sundays HS & Middle School 9:00 a.m. Room 216
Head to the sanctuary when you arrive. You'll be dismissed from there.

Events:

March 9 Children and Youth create 'cars' for Advocacy Day
March 9 Messy Church 2 Corinthians 9:8-11
March 12 College Gift Card Sign Up Due
March 16 Assemble Congregational Care Packages
March 16 Confirmation
April 26 Earth Day of Action
April 27 Planting Trees

Please remember to complete a **registration form**. Click on the link below.
Thank you so much!

Safe Sanctuary Forms:

[Registration Form](#)

[Event Permission Form](#)

HINDUISM

This is the sum of duty:
do not do to others what would
cause pain if done to you
Mahabharata 5:1517



BUDDHISM

Treat not others in ways
that you yourself would
find hurtful
Udana-Varga 5.18



CONFUCIANISM

One word which sums up the
basis of all good conduct...
loving kindness.
Do not do to
others what
you do not
want done
to yourself
Confucius,
Analects 15.23



BAHA'I FAITH

Lay not on any soul a load
that you would not wish to
be laid upon you, and
desire not for
anyone the
things you
would not
desire for
yourself
Baha'u'llah,
Gleanings



ISLAM

Not one of you truly believes
until you wish for others what
you wish for yourself
The Prophet Muhammad, Hadith



JUDAISM

What is hateful to you,
do not do to your neighbour.
This is the whole Torah;
all the rest is commentary
Hillel, Talmud, Shabbat 31a



JAINISM

One should treat all
creatures in the world
as one would like
to be treated
Mahavira, Sutrakritanga



ZOROASTRIANISM

Do not do unto others
whatever is injurious
to yourself
Shayast-na-Shayast 13.29



NATIVE SPIRITUALITY

We are as much alive
as we keep the earth alive
Chief Dan George



TAOISM

Regard your neighbour's gain
as your own gain, and your
neighbour's loss as your own loss
T'ai Shang Kan Ying P'ien, 213-218



SIKHISM

I am a stranger to no one;
and no one is a stranger
to me. Indeed, I am
a friend to all
Guru Granth Sahib, pg. 1299



CHRISTIANITY

In everything, do to others
as you would have them
do to you; for this is the
law and the prophets
Jesus, Matthew 7:12



UNITARIANISM

We affirm and promote respect
for the interdependent
web of all existence
of which we are a part
Unitarian principle



**SCARBORO
MISSIONS**

A Canadian Catholic community of priests and lay people
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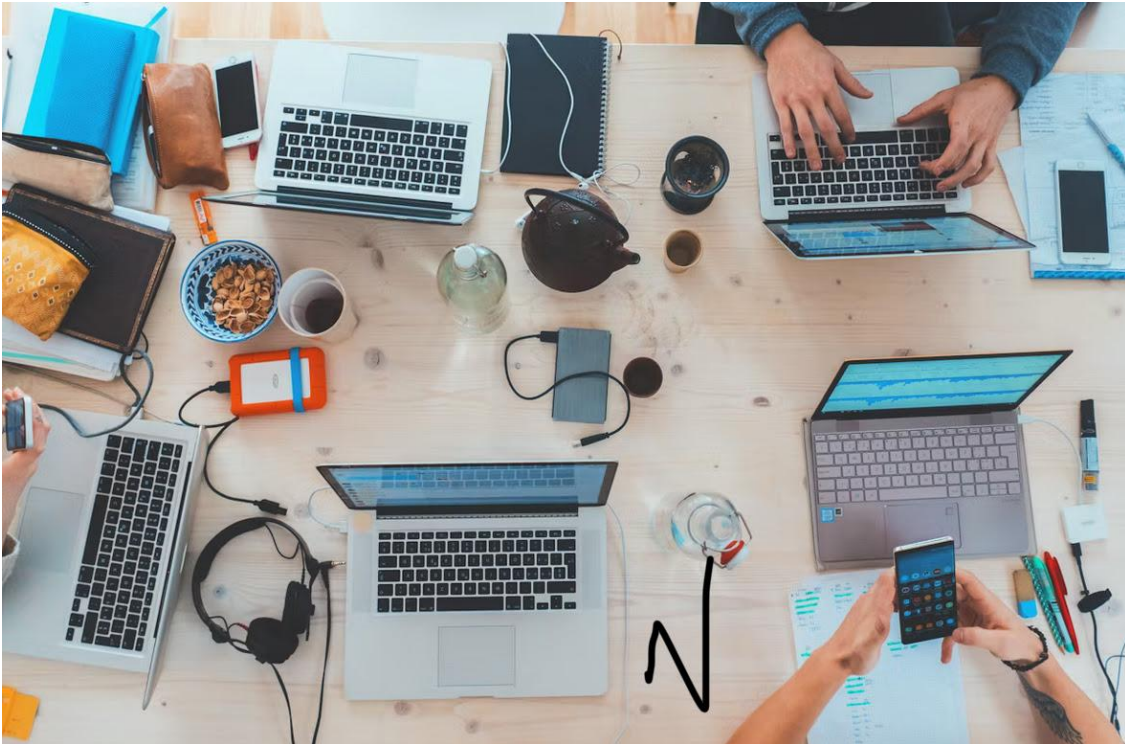
Love God, Neighbor, Enemy

Week 1	Love Extravagantly	Luke 6: 27-42
Week 2	Serve a Stranger	1 Kings 17:8-16
Week 3	Show Mercy	1 Samuel 24; Luke 23:32-43
Week 4	Wash Another's Feet	John 13:1-20
Week 5	Be Courageous	Acts 6:8 - 7:2, 51-60
Week 6	Live Peaceably	Romans 12:9-21

This practice will expand conceptualizations of what it means to show love. In these six sessions, youth will explore the relationship between love and justice and discover a roadmap for showing love to God, their neighbors, and their enemies.

We shouldn't easily dismiss the language of *enemies*. First, it's the word Jesus uses; if it seems too harsh to our ears, perhaps simply associating it with people we find hard to love would be a place to start. Second, a life of robust Christian discipleship will spark opposition. If we truly have no enemies, perhaps we have conformed too much to this world, to echo the words of Paul. We can decry media depictions of Us and Them as deeply problematic while not devolving into a moral relativism that allows the gospel to become so dilute that it couldn't possibly offend anyone. (Excerpt of Love God, Neighbor, Enemy Foundational Essay written by Maryann Dana)





College Care Cards

Let's send a little love just in time for finals week.

<https://www.signupgenius.com/go/30E0848ADAF23ABF58-55364386-college>

10 Important Things Parents Should Never Do for Their College Freshman

Written by Whitney Fleming

<https://parentingteensandtweens.com/what-college-parents-should-not-do-for-kids/>



This Sunday, Marna Balazar, Dayle Wright, Mr. Tom; and Miss Susan's leaders and children will join us in 216 as we create paper plate cars 'assembly line' style. These cars will be displayed on the lawn of the Capital building in Lansing when we travel to speak with lawmakers on Advocacy Day Wednesday March 12.

All we need is you to get the job done. Horn honking and dance breaks included. Oh, and doughnuts. Definitely doughnuts.

<https://michiganumc.org/advocacy-day-2025/>



Lent is my very favorite of the Christian observances. It offers a season of intentionality rather than the status quo of daily lives that lean into mind numbing auto pilot.

During the prayer of confession at last night's Ash Wednesday service, it ended with these words.

'Jesus, forgive my delay.

I want to follow you.

Turn my intentions into actions.

Show me the way.'

Early in our relationship, Kerry and I walked through the fields of his grandfather's farm in Wooster, Ohio. His grandfather raised bison, reportedly procured from a ranch whose bison were featured in the movie *Dances With Wolves*. Yes, it was that long ago.

Bison are a symbol of America, joining the bald eagle in the representation of strength, endurance and dignity. It wasn't exactly what came to mind the closer we got. Bison are a) the largest

mammal in North America and b) the wild in their eyes is relative to your proximity. You know the 'death stare' a mom throws when distance prohibits physical intervention? It pales in comparison to the gaze of a bison who feels threatened.

On one particular walk, I noticed that the bison were huddled in a circle with the exception of one some 20 yards away. I asked Kerry for the story. While bison are a cohesive lot, aggressive interactions can happen between dominant and subordinate animals, leading to separation from the herd. I don't know why it punched me in the heart like it did, but seeing him all alone in the corner near the fence line led to the follow up questions.

"Is there something wrong with him?"

"No"

"What will happen to him?"

He answered in tones matter of fact. "He'll die."

And he did. Ostracized, spirit crushed, rejected, and alone.

I view that memory through a different lens these days. I once vilified the dominant bull'y' for targeting a younger bull's challenge; but there were many more in that circle that had their backs turned to one who dared to claim its rightful place among them.

Am I any different?

'Jesus, forgive my delay.

I want to follow you.

Turn my intentions into actions.

Show me the way.' Amen

#I'm searching for Jesus

<https://chelseaumc.org/event/lenten-daily-devotional/>

A Lenten Exploration of Anti Racist Values in Matthew, Mark, and Luke

<https://justiceunbound.org/queerlent/>

Ashes to Rainbows - A Queer Lenten Devotional

<https://www.umcdiscipleship.org/resources/family-lent-devotion-week-1>

Family Lent Devotion

Growing Generosity

March 9, 2025

4:00 - 6:00 pm

As we follow Jesus, we give generously to each other and plant seeds of kindness upon the earth.

CHELSEA  FIRST



International
**EARTH
DAY OF
ACTION**
April 26, 2025



Michigan Conference
The United Methodist Church

<https://michiganumc.org/care-for-our-fragile-home/>



Dr. Laurie Santos 



The Science of Well-Being for Teens

The most popular class in Yale
University's history.
Now free for teens.

Teens are experiencing a mental health crisis

A recent survey found that 37% of teens say they have poor mental health. Explore what the field of psychology teaches us about how to be happier, how to feel less stressed, and how to thrive in high school and beyond.

Thrive in high school and beyond.

In this 6-week course, Dr. Laurie Santos brings together the best insights from her popular Yale course Psychology and the Good Life - now re-designed specifically for teenagers.

This course will share evidence-based strategies for feeling happier in high school and beyond. Learn about common **misconceptions** about happiness; **biases** that get in the way of happiness; **behaviors, thoughts, and feelings** that lead to happiness; and how we can achieve our happiness **goals**. By the end, you will learn a set of tools for feeling better and building healthier habits.



Feel better. Build healthier habits.

Misconceptions

Discover what it means to be happy.
Examine misconceptions about money,
grades, and social media that hold us back.

Biases

Learn how biases affect our happiness.
Explore strategies for healthier
comparisons and dealing with our limited
attention.

Strategies

Uncover how we can harness our
behaviors, thought patterns, and emotions
to boost our happiness and experience
better moods.

Feel Better. Build healthier habits.

<https://www.drlauriesantos.com/science-well-being-teens>

Yes, I enrolled. No, I did not agree to be a part of the research study.

Yes. I can't recommend this highly enough. Yes.

If you're looking for the teachings of Jesus and meta analytics, this is your one stop shop.

You'll find the link to enroll in the link above.



Life is big, screens are small...
and you deserve to live your fullest life.

<https://screensanity.org/tool/smarterstart/>

