Dear CONNECT Family,

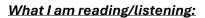
Family Spiritual Practice

Faith Talk:

This week, I invite you to try this practice when you feel the need to be nurtured.

Just stand wherever you are — in the kitchen, in the shop, or in the bathroom — and wrap your arms around yourself as tightly as you can. Rock yourself. Before long you will be able to feel God holding you in the same way you are holding yourself. You will be comforted the way you were comforted as a child when your mother held you in her arms and rocked you.

— Jose Hobday in <u>Stories of Awe and Abundance</u>



GOD'S DREAM by Desmond Tutu

Teaching Young Children About Bias, Diversity, and Social Justice

What I am watching:

Absolutely LOVE this VIDEO - what loving others looks like in action!

Small Talk/Differences

Anti-Bias Lessons help preschoolers hold up a mirror to diversity

Quote, I've Been Thinking About











WHAT WE ARE WONDERING ABOUT

September Faith Theme: FOLLOW JESUS!

Last Sunday:

Last Sunday, we wondered together about the Scripture passage of Ephesians 4:11-16. Children were invited to wonder and explore what being part of Christ's body means, and discover ways that their own gifts help the church community to follow Jesus.

Jesus' invitation to follow is not just for us as individuals but for the whole community. In our traditions of individualism, we can sometimes miss this, but God's design for the Christian community is to be a body made up of many parts. as all the parts learn to work together, we grow, learn, and mature. Through practice, we can learn to follow Jesus together.



This Sunday:

This Sunday we will wonder together about the Scripture passage of Matthew 22:34-40. As we follow Jesus, he shows us the realm of God, the way God's world could be. We begin to see the world through Jesus' eyes as we catch glimpses of what it means to truly love God and love one another. We feel God's *nudges* toward acting as if we are living in that world now, noticing those in need, who are being treated unfairly, who are lonely, or who are hurting. And, not just noticing, but taking action to do something that Jesus would do. Jesus teaches us how to approach God, one another, and the world around us. Love God with all your heart, soul, and mind.



Coming Up

September 2- CONNECT - 9 AM

Learn to See Everything through the Lens of Love - Luke 24:28-34

September 29- CONNECT - 9 AM

Follow Jesus in the Making of Disciples Matthew 28:18-20

October 06- NO CONNECT - 9 AM

All Worship Together in Sanctuary Communion Sunday

October 13- CONNECT - 9 AM

Welcome Others as God Welcomes You Genesis 1:1-2:25, Leviticus 19:33-34

October 20- CONNECT - 9 AM

See Christ in Every Person Matthew 25:31-46

October 27-

CONNECT-9AM

Know Your Gifts of Hospitality and Encourage Others' Gifts Luke 10:38-42

MARK YOUR CALENDAR

FALL REGISTRATION: we kindly ask that you complete the registration process if you haven't done so already. Your prompt attention to this matter will help us ensure we have all the updated information needed. Thank you. Available **HERE**

MESSY CHURCH



Next Messy Church Session: October 13th - 4-6PM



CROP WALK:

WALK. GIVE. CHANGE THE WORLD.



OCTOBER 06, 2024

CHELSEA, MICHIGAN





Wonderful online classes Michigan State University Extension Child and Family Development Offerings

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

10/01/2024: RELAX: Alternative to Anger for Parents and Caregivers

10/08/2024: Positive Discipline

10/15/2024: NO CLASS

10/22/2024: Epilepsy 101: Empowering Knowledge, Enhancing Care

10/29/2024: Young at Art

Class Times: 8:00PM to 9:30PM

Registration: https://msu.zoom.us/webinar/register/WN_tsaVF3uvTp2wINV5dlR2vw

The Parent Talk System

Do you feel like the children in your care aren't listening to you? Do you find yourself constantly repeating yourself trying to gain compliance? This 6-week series is for parents and caregivers of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

- Class dates: Mondays, October 7, 14, 21, 28, November 4, 11
- Class times: 7:30pm-9:00pm ET
- Registration: https://msu.co1.qualtrics.com/ife/form/SV bi8nWuROCeXu6vY
- · Attached is a flyer and graphics for social media
- For more information, contact Courtney Aldrich, <u>aldric82@msu.edu</u>

WATCH:

Online CONNECT Services:

https://www.youtube.com/watch?v=fSUL--k_mgo

You can find all our videos on the CFUMC YouTube channel https://www.youtube.com/channel/UC-oDHg9zaImC42npYW0EvTA

Follow us on Instagram

- Instagram - follow us on Instagram http://instagram.com/chelseafumc.children

Love and Peace, Susan



Ordinary people learning to love like Jesus.