



*Smarter Start Toolkit - a guide to establishing healthy digital habits with your new device

Sundays HS & Middle School 10:00 a.m. Room 216
Head to the sanctuary when you arrive. You'll be dismissed from there.

July 29 Flint Freedom School Teardown
August 18 Ministry Fair
August 25 Back To School Blessing

Please help me and more importantly, our office manager Liza, by completing a **registration form** prior to September. Click on the link below.
Thank you so much!

Safe Sanctuary Forms:

[Registration Form](#)

[Event Permission Form](#)



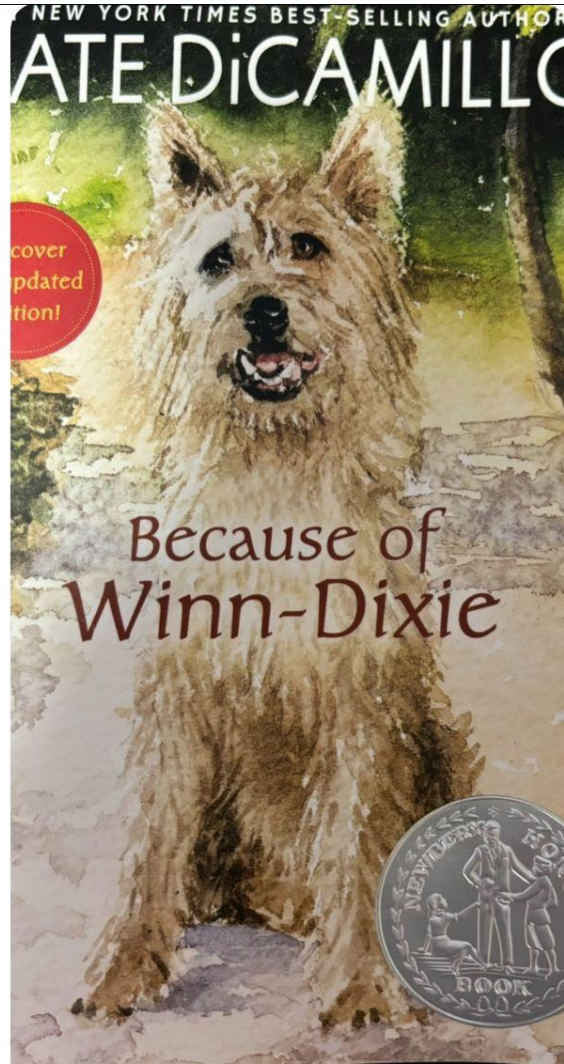
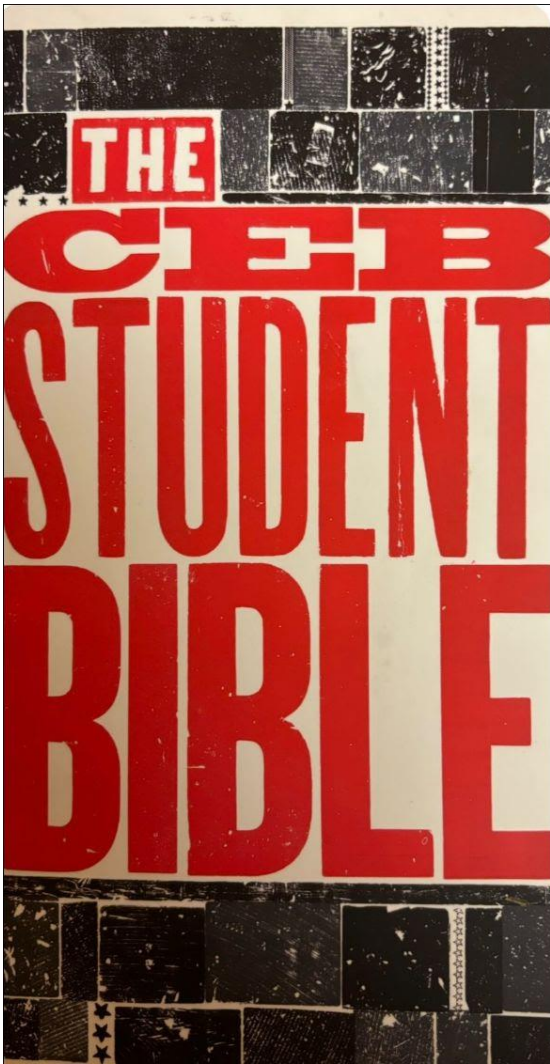
Methodist Moment - A Disastrous Love Triangle

Even great church leaders can have their hearts broken. While in Georgia, Wesley fell in love with a member of his church named Sophia Hopkey. Wesley ended their relationship, fearing it would be a distraction to his ministry. But when Sophia married another man, Wesley realized he wasn't quite over her. Saying he was concerned about the person Sophia was becoming, Wesley decided she could no longer take communion. And you thought *your* friends were dramatic!

*What do you think about Wesley's decision? When have you wanted one thing but believed your faith was pulling you toward something else?

Turns out a pastor can't just turn someone away from the church because he doesn't like what she's up to, especially if that someone's uncle is a government bigwig. So Wesley faced legal charges - charges that may or may not have been legit - and was run out of town. His attempt at starting churches in America was almost a complete failure, and he sailed back to England. After all of his early success, Wesley's failure was a shock to him.

*Collaborate John Wesley @2016 Sparkhouse



The Bible -

The book on the right? One author. One genre. Simple straightforward read.
The book on the left?

<https://www.umc.org/en/content/united-methodist-beliefs-is-the-bible-literal>

* United Methodist Beliefs



SABBATH

**In observing the Sabbath,
one is both giving a gift to
God and imitating [God].**

- Lauren F. Winner..



July 12, 2022 · 7 min left

Sabbath reflection

Pause / Pray >

 [Resume](#)

This prayer reflection provides a practical and prayerful way to enter into God's rest. A great way to enter into a Sabbath day.

For more info and other resources visit

<https://podcasts.apple.com/us/podcast/pause-pray/id1438118440>

Check out the Short Morning Prayer and the Short Anxiety Prayer too.



Celebrate Promise - Romans 4:3, 13-25

What was something in your life that was challenging to do but rewarding in the end?

Abraham is a model of grasping hold of promise through faith.
What is the difference between believing in God and believing God?

Video: The Chosen Season 3 Episode 5 Minute 32-39 (grab a tissue)
"Daughter, your faith has made you well"

When a toddler stands with toes curled at the edge of a pool and is invited to jump into waiting arms in waters deep; there is no certainty that they'll make it; but they trust in the love that extends its arms fully. And so, we thank God for the example of Abraham; and pray that we too can embrace the promise, trusting in the love of God and be strengthened in our faith.
#CelebratePromise.



More info:
www.chelseaumc.org/events

flint
FREEDOM SCHOOLS
COLLABORATIVE

Volunteer opportunity Monday, July 29

The graphic features a central circular logo with the text 'flint FREEDOM SCHOOLS COLLABORATIVE'. The background is a photograph of a classroom with desks and chairs. To the right of the logo is a vertical column of seven upward-pointing chevrons. At the top right, there is text providing more information and a URL. At the bottom, a dark banner contains the event title.

<https://freedomsschoolcollab.org/>



Life is big, screens are small...
and you deserve to live your fullest life.

<https://screensanity.org/tool/smarterstart/>