



*Smarter Start Toolkit - a guide to establishing healthy digital habits with your new device

Sundays HS & Middle School 10:00 a.m. Room 216
Head to the sanctuary when you arrive. You'll be dismissed from there.

July 20/21 Service Project
July 29 Flint Freedom School Teardown
August 18 Ministry Fair
August 25 Back To School Blessing

Please help me and more importantly, our office manager Liza, by completing a **registration form** prior to September. Click on the link below.

Thank you so much!

https://www.chelseaumc.org/youth-child-registration-form/?et_fb=1&PageSpeed=off



Methodist Moment - 1735-1736

Trouble in the High Seas

While sailing from England to the coast of Georgia, the ship carrying Wesley encountered a storm so strong that it broke the center mast!

While he and other English travelers panicked, Wesley noticed a group of families calmly singing and praying. They were part of a small Christian sect called the Moravians. The ship ended up safe and sound in Georgia and the experience of witnessing such powerful faith would deeply influence Wesley's theology in the years to come.

What people or events have influenced your faith?

*Colaborate John Wesley @2016 Sparkhouse

WE ARE BELOVED CHILDREN OF GOD

Posted on [July 13, 2024](#)



"Our mission is to help everybody know they're a child of God . . . beloved by God, no exceptions; loved by God, no contradictions," said Bishop Gregory Palmer during his sermon on Saturday, July 13, 2024. ~ NCJ Communications/Mark Doyal

Bishop Gregory Palmer preached the sermon during the closing worship of the 2024 North Central Jurisdictional Conference.

Listen to the sermon by clicking the link below.

<https://vimeopro.com/dakotasumc/ncj2024-videos/video/984373535>



Doing good and doing justice

“There is great power in the name of Jesus Christ” was Bishop Julius C. Trimble’s commanding refrain in the sermon he gave during Thursday morning worship. This power is available to us today, and he encouraged those gathered to hold fast to this promise by doing good *and* by doing justice.

Listen to the sermon by clicking the link below.

https://michiganumc.org/doing-good-and-doing-justice/?utm_source=%2AMichigan+Conference+Communication+List&utm_campaign=67677bf8a1-EMAIL_CAMPAIGN_2019_02_21_08_11_COPY_01&utm_medium=email&utm_term=0_98bd0b5296-67677bf8a1-411932568



The Bible -

If the Bible is like a library with 66 books containing histories, songs, proverbs, poetry, gospel, letters, etc.: Is the Bible literal?

<https://www.umc.org/en/content/united-methodist-beliefs-is-the-bible-literal>

* United Methodist Beliefs

SABBATH

Our minds don't even slow down once our bodies do. We lie awake at night trying to calm our minds so that we can rest our bodies.

What happens when you slow down?

-- Charity Goodwin
The GET UP Book



Exploring Peace
Meditations

Whitney R. Simpson | exploringpeace.com

Exploring Peace Meditations

Whitney R. Simpson

<https://podcasts.apple.com/us/podcast/exploring-peace-meditations/id1498997893>



Celebrate Unity - Ephesians 4:1-16

You have one Master, one faith, one baptism, one God and Father of all, who rules over all, works through all, and is present in all. Everything you are and think and do is permeated with Oneness.

But that doesn't mean that you should all look and speak and act the same. Out of the generosity of Christ, each of us is given his own gift.

Videos that speak to that unity.

Sponge Bob: Sponge Out of Water

Scene - Nothing's impossible when we're a team.

Legends of the Guardians: Owls/Ga'Hoole

Scene - A strong body needs all of its parts

The Chosen: Season 2 Episode 8

The church is made up of many people.

I couldn't help but think of group projects at school. Sometimes, someone wants to be fully in charge and do all of the work. Sometimes, one person is left to do all of the work because it seems like others sit back and watch.

In light of this text, what is your role when faced with these situations?

Are those who sit back really 'lazy' or do they need encouragement to use their gifts?

How would you handle someone who works independent of others on a group project?

What are your gifts? And how can you encourage a friend or classmate?

<https://www.umc.org/en/content/exploring-your-spiritual-gifts>

Photo - The Three Sisters: This vegetable trio sustained the Native Americans both spiritually and physically.

The corn offers the beans support. (the older sister)

The pole beans (giving sister) pull nitrogen from the air and bring it to the soil to benefit all three.

As the beans grow through the tangle of squash vines and wind their way up the cornstalks into the sunlight, they hold the sisters close together.

The large leaves of the sprawling squash protect the threesome by creating living mulch that shades the soil, keeping it cool and moist and preventing weeds.

#celebrateunity





St. Barnabas is so pleased with the progress! Opportunities to help still available for this Saturday and Sunday, July 20 & 21.

<https://www.signupgenius.com/go/20F0C4AA8AD2CA3FB6-50150338-luca>



More info:
www.chelseaumc.org/events

flint
FREEDOM SCHOOLS
COLLABORATIVE

Volunteer opportunity Monday, July 29



<https://freedom-schools-collab.org/>





Life is big, screens are small...
and you deserve to live your fullest life.

<https://screensanity.org/tool/smarterstart/>