

June 12, 2024

Dear CONNECT Family,



Family Spiritual Practice

Faith Talk:

This week, I invite you to take deep breaths and enjoy this amazing season! Life can feel overwhelming, even in the Summer months.

Here is a simple, yet great [TECHNIQUE](#) to calm your anxiety in 2 minutes.

Kids feeling a little anxious? this is another great [TECHNIQUE](#) to try with your little ones.



What I am reading/listening:

[What is Juneteenth and Why Should this Day Matter to Christians?](#)

This book: [In Defense of Kindness - Why It Matters, How It Changes Our Lives, and How It Can Save The World](#), by Bruce Reyes-Chow

What I am watching

[The Real Power of Community](#) - There's a lot of pressure on us to make our individual lives interesting. But sometimes, the best experiences aren't those connected with our triumphs; they're moments of joy at belonging with others.

Quote, I've Been Thinking About



WHAT WE ARE WONDERING ABOUT

June Faith Word/Theme: **SUMMER OF LOVE**



Watch [HERE](#)

Last Sunday:

Last Sunday, we started with the Series: Summer of Love, which was introduced to the congregation. We explored how the love of friends carries us through good times and times of trouble. Jesus modeled for us true friendship even through times of disappointment. We talked about what an awesome friend we have in Jesus!

[WHAT A FRIEND WE HAVE IN JESUS](#)



This Sunday:

This Sunday, as we continue our Summer of Love, we will wonder together about witnessing God's love when we share our goods and gifts with the community. Our focus will be on the Scripture of John 6:1-13, the story of the feeding of the 5000. This story is an example of the table fellowship that was at the center of Jesus' ministry, where he chooses to use the boy's willingness to share what he had as an example to others.

Watch [HERE](#)

Coming Up

- June 16th - **CONNECT - 10 AM**
Summer of Love - Loving Community
John 6:1-13
- June 23rd - **CONNECT - 10 AM**
Summer of Love - Loving Family
- June 30th- **CONNECT - 10 AM**
Summer of Love - Loving God

MARK YOUR CALENDAR MESSY CHURCH



Next Messy Church Session: July 14th - Lots of games will make this one Super FUN!!!

FUN WEDNESDAY!!!!



Join us for a Fun Wednesday – an immersive music experience!
MAKE A JOYFUL NOISE is an event packed with interactive activities, such as singing games, playing on buckets, making an instrument, relaxing/listening time with music, lots of music games and even making and eating healthy food snacks.

Led by the former music teacher Janet Carson, the morning will be packed with fun and music!!!

We will explore the world of music together.

When: June 19, 2024

Time: 9 to 12 PM

Where: Chelsea First United Methodist Church

For: Children ages 5 to 12 years old

Limited Spaces Available.

Don't miss out on this opportunity. Join us for a fun and inspiring morning filled with music!

RSVP [HERE](#)

SUMMER CONNECT VOLUNTEERS

As we prepare for an exciting summer in the Children's Ministry Program, we're reaching out to invite you to join our volunteer team!

Why volunteer?

So you can make a positive difference in the lives of young people and have some fun along the way. Please consider. Sign up [HERE](#)

Wonderful online classes

Michigan State University Extension

Child and Family Development Offerings

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish.

Class dates:

The Parent Talk System

Do you feel like the children in your care aren't listening to you? Do you find yourself constantly repeating yourself trying to gain compliance? This 6-week series is for parents and caregivers of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

- **Class dates:** Wednesdays, July 10, 17, 24, 31, August 7, 14
- **Class times:** 11:30am-1:00pm ET
- **Registration:** https://msu.co1.qualtrics.com/jfe/form/SV_0VpZf3ks77yZZGu
- For more information, contact Courtney Aldrich, aldric82@msu.e

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five-week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent.

Certificates of attendance are available.

- **Class Dates: Mondays, July 15, 22, 29, August 5, 12**
- Class Times: 7:30pm-9:00pm ET
- Register at: https://msu.co1.qualtrics.com/jfe/form/SV_0VpZf3ks77yZZGu
- Attached is a flyer and graphics for social media
- For more information contact Courtney Aldrich at aldric82@msu.edu

Kinship Caregiver workshops

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

Workshop:

7/10/2024: Positive Discipline

- Class Time: 7:00PM to 8:30PM
- **Registration:** https://msu.zoom.us/webinar/register/WN_msxyZuH0QeS9MsKaD_y7Tg
- Attached are flyers and social media graphics for these workshops
- For more information contact Courtney Aldrich at aldric82@msu.edu

WATCH:

Online CONNECT Services:

<https://www.youtube.com/watch?v=KRCgBIJcKvE>

You can find all our videos on the CFUMC YouTube channel

<https://www.youtube.com/channel/UC-oDHg9zaImC42npYW0EvTA>

Follow us on Instagram

- **Instagram** - follow us on Instagram <http://instagram.com/chelseafumc.children>

Love and Peace,

Susan



Ordinary people learning to love like Jesus.