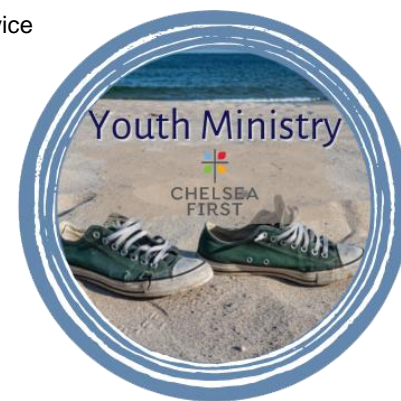


*Smarter Start Toolkit - a guide to establishing healthy digital habits with your new device

Wednesday Outlet 3:30-5:30 No School? No
Outlet.

Sundays Middle School 9:00 a.m. Room 216

Head to the sanctuary when you arrive. You'll be dismissed from there.



- May 5 FIA Collection
- May 5 Souper Sunday
- May 5 Head to the sanctuary at 9!
- May 9 Heads up, Mom
- May 12 Messy Church
- May 19 Confirmation Sunday
- May 19 Sign Up Genius Confirmation Cakes/Cupcakes
- May 26 Birthday Party for Mr. Tom
- June 21 Flint Freedom School Set Up
- July 29 Flint Freedom School Tear Down

*May is Mental Health Awareness Month

Philippians 2:1-5

Imitating Christ's Humility

2 Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, ² then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. ³ Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests

but each of you to the interests of the others.



Sometimes we are courageous for our own sake and to achieve our own comfort. But how can we be courageous for the sake of others and their well being?

Maybe it's your brother or sister, a kid at school, or just someone being overlooked.

We are called to joy and humility, to have the mind of Jesus that boldly stands up for others, the mind that has the courage to speak up and show compassion and mercy, the mind that seeks out and sees the overlooked.

This is the mindset that brings glory to God.

What is God calling you to do?



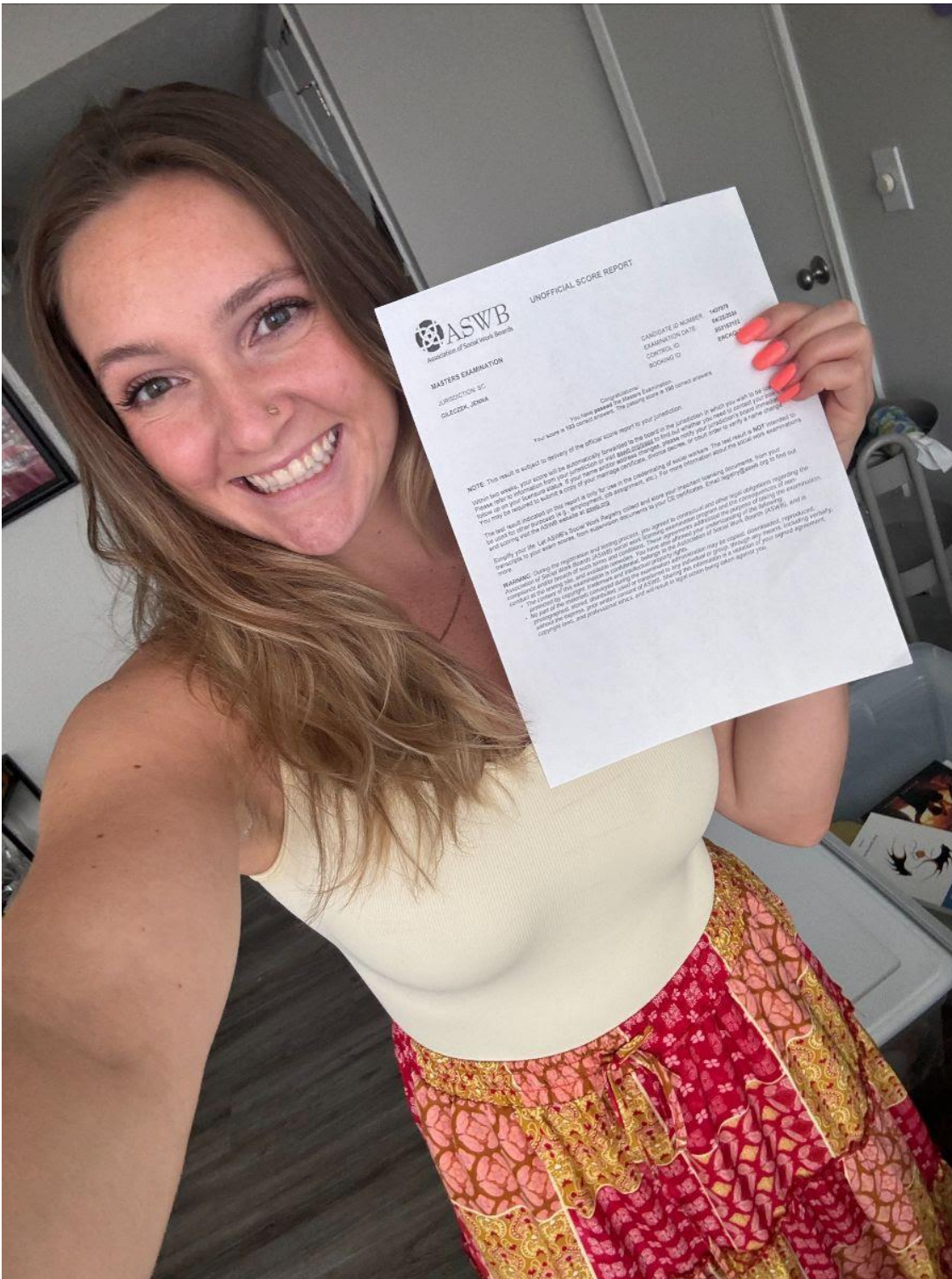
Taste
and see
that
the Lord
is good.
- Psalm
34:8

Confirmation Sunday Sign Up Genius - Link below

Confirmation Sunday May 19 9 am

Please join us in the social hall following the service to spend time together.

<https://www.signupgenius.com/go/30E0848ADAF23ABF58-49049582-confirmation>



Did you ever wonder if signing a card for a college student makes a difference?

She graduates from the University of South Carolina with her master's degree this weekend and texted after receiving her last envelope with your signatures on the card.

"I just got the package from you and the church! I just wanted to let you know how much I've appreciated you keeping me in mind over the year. it has truly brought me joy every time I received one of the thoughtful packages and letters. also wanted to give you a super exciting life update: I am DONE with grad school with (pending 1 grade) all A's! I passed my masters social work licensing exam on Monday and come Tuesday was offered a full time position as an additions medicine social worker for the Greenville, SC Prisma Hospital! I will be working on a mobile

clinic providing services to individuals in rural areas around Greenville that don't have access to addictions treatment and services. I am SO excited!!

Thank you for all of the support, it has never gone unnoticed to me." ~ Jenna

¹¹ Therefore encourage one another and build each other up, just as in fact you are doing. 1 Thessalonians

The transition from high school to college is a significant period in a student's life. This period often brings about changes in academic responsibilities, social environments, and personal expectations, which can lead to increased stress levels.

College students commonly experience stress during this transition. This transition-related stress can stem from academic challenges, increased responsibilities, and adjusting to a new social environment.

Furthermore, the American College Health Association found that around 60% of college students reported feeling very lonely in the past year. This reflects the impact of social changes and adjustment challenges on students' stress levels during the transition to college.

"Thank you so much for my card! I really needed to hear some support during my finals, it's been a long week! I can't wait to be back in Chelsea and visit everyone! See you soon!"

"I received my final care package in the mail! Thank you so much for the wonderful, kind note and the gift cards! I will for sure enjoy using those (maybe even this weekend) after finals are over to treat myself before starting research next week!"

"Hi! Thank you so much for the card and gift cards! I'm looking forward to enjoying some Crumbl cookies soon!"



Mental Health Month - The Courage to Be Vulnerable

"I have worth whether I get what I'm working toward or not." ~Anna Senior CHS

<https://chelseaupdate.com/anna-carter-to-graduate-on-a-high-note/>

https://chelseaupdate.com/anna-carter-to-graduate-on-a-high-note/?fbclid=IwZXh0bgNhZW0CMTEAAR3juQbk7BicDIFwsNWTpCVR4R4DzPsA0ncevrysr7L4khtDz4Pq8uhTP0_aem_AYLK8JKCT_wKJmucKxXnW2gMjrTXeQ3YMG0I5xltSI1YECPA2Nw2xtitHvJI5_JKefSy3ly8Vn6mQp7EqFNcFQCg

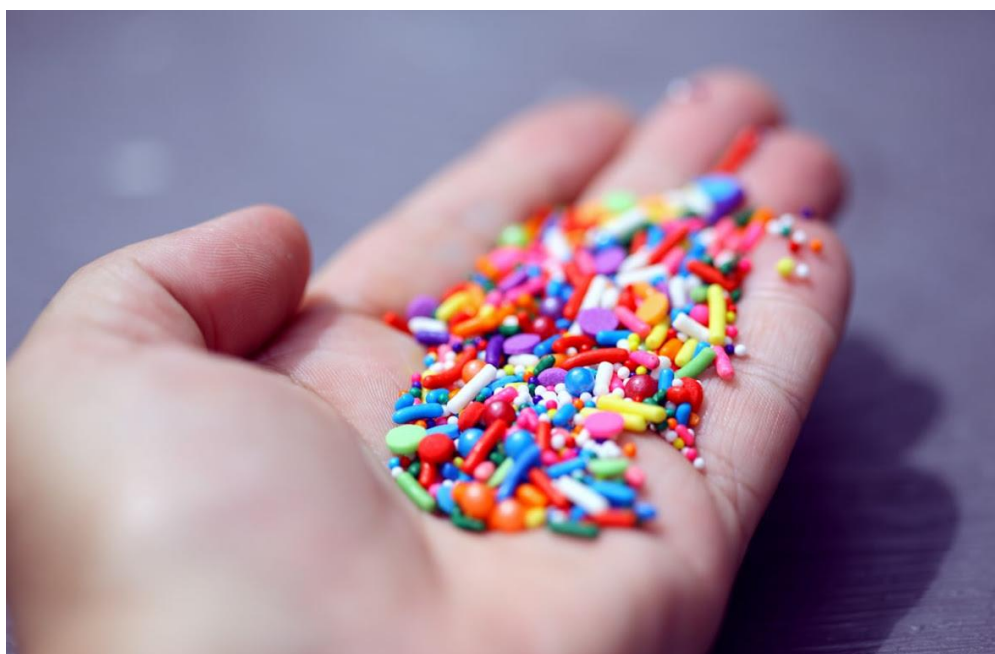
https://chelseaupdate.com/anna-carter-to-graduate-on-a-high-note/?fbclid=IwZXh0bgNhZW0CMTEAAR3juQbk7BicDIFwsNWTpCVR4R4DzPsA0ncevrysr7L4khtDz4Pq8uhTP0_aem_AYLK8JKCT_wKJmucKxXnW2gMjrTXeQ3YMG0I5xltSI1YECPA2Nw2xtitHvJI5_JKefSy3ly8Vn6mQp7EqFNcFQCg

Wanted: Wood Workers

Creative, messy, chiseled, jigsaw owners, scroll saw savvy, lose yourself in the magic kind of wood workers wanted. If interested, email me. youth@chelseaumc.org



The Bible in Real Time - with Ron Mourad
Come, peel away the layers with us and find yourself in the story.



Head to the social hall on May 26 from 2-4 pm to celebrate the man who has sprinkled love and laughter and real time chocolate cakes covered in sprinkles for 20 years at Outlet.
Mr. Tom is turning 90 and word on the street says that he appreciates cards with a whole lot of funny in them. Let's get busy!

Soup-er Sunday Potlucks



Senator Sue Shink will be in attendance to talk about:

**SHAPING ENVIRONMENTAL POLICY
AT THE LOCAL AND STATE LEVELS**

May 5 at 5 pm
in the social
hall



CHELSEA FIRST

For more information go to: www.chelseaumc.org/events

Faith In Action Sunday May 5

A big blue bin will be available in the lobby for the donations.

For more information
www.chelseaumc.org/events



Hamburger Helper,
Snacks, Cereal, Canned
Pasta, Baked Beans,
White Rice, Chunky
soups, feminine products



*Celebrate One Uniting Holy Spirit
Pentecost*

**May 12, 2024
4:00 - 6:00 pm**

**Messy
Church**



Life is big, screens are small...
and you deserve to live your fullest life.

<https://screensanity.org/tool/smarterstart/>