

*Smarter Start Toolkit - a guide to establishing healthy digital habits with your new device

Wednesday Outlet 3:30-5:30 No School? No Outlet.
Sundays Middle School 9:00 a.m. Room 216

Head to the sanctuary when you arrive. You'll be dismissed from there.

January	28	The Bible in Real Time
February	10	College Care Packages
February	11	The Bible in Real Time
February	14	Ash Wednesday
March	3	Confirmation
March	8-9	30 Hr. Famine
March	10	Messy Church
March	10	The Bible in Real Time
March	13	Advocacy Day
March	17	Confirmation
March	23-31	Spring Break
May	19	Confirmation Sunday



Jesus and the Gerasene Man

Mark 5:1-20

A different kind of healing

"Shame cannot survive being spoken. It cannot survive empathy."

~Brene Brown

<https://www.youtube.com/watch?v=oaVuVu5KXuE>



To learn more and register, see link below.

<https://michiganumc.org/register-now-for-advocacy-day-2024/>

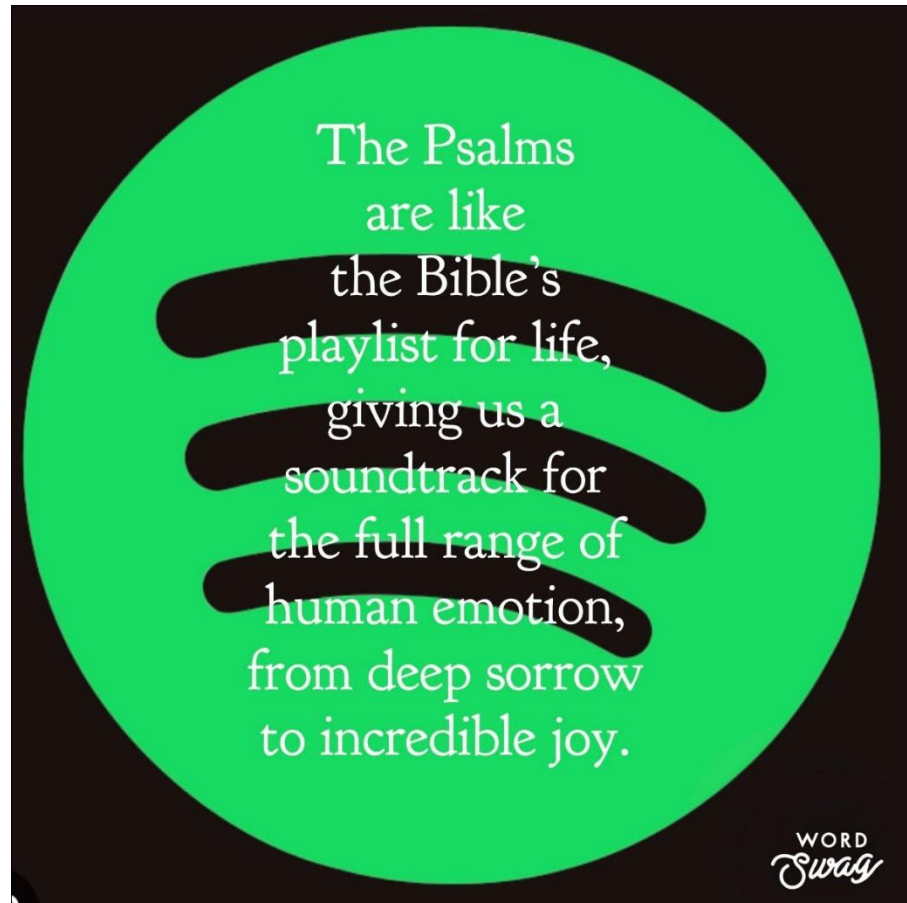


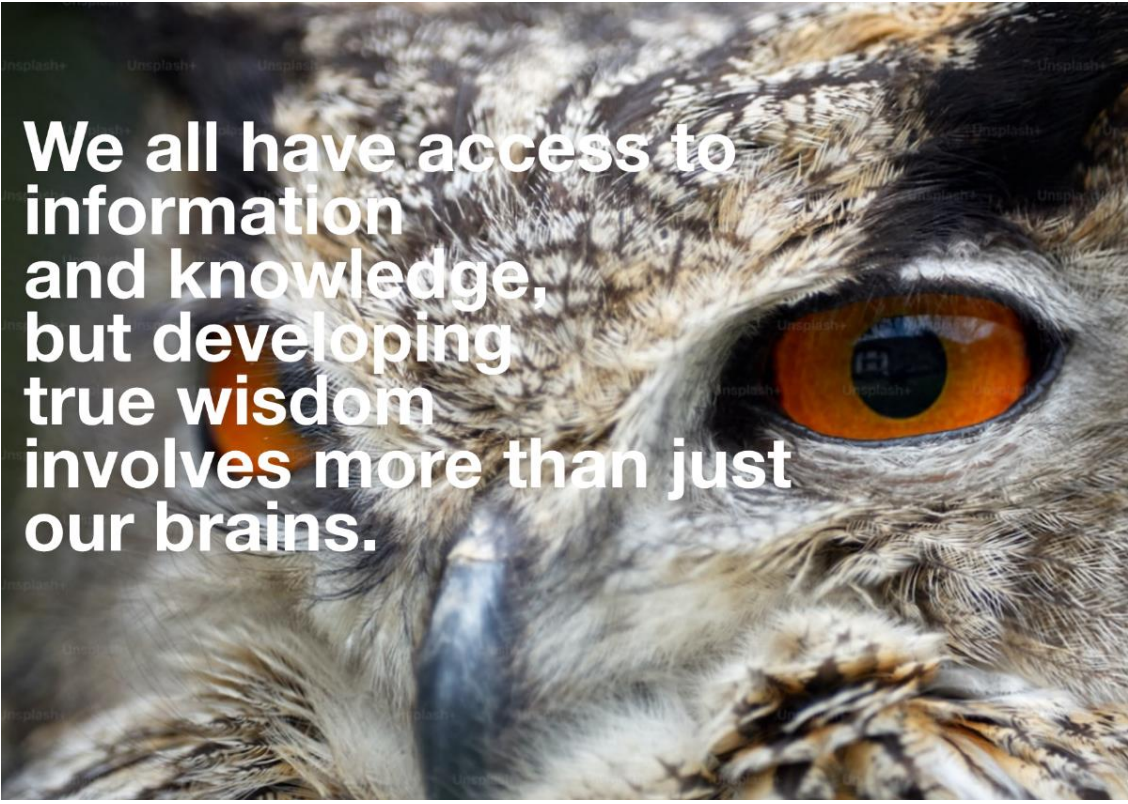
This College Care Package Needs You!
See link below to sign up for donations.

<https://www.signupgenius.com/go/30E0848ADAF23ABF58-47481914-college>



The Bible In Real Time -
Sunday #216 5-6:30 pm
Ecclesiastes 3:1-13
So busy.
Never enough time.
So tired.
I just need a break.
Burnt out.





We all have access to information and knowledge, but developing true wisdom involves more than just our brains.

This week in Confirmation - The Psalms and Wisdom literature - Proverbs, Ecclesiastes, Job, Psalms, and the Song of Solomon.



Life is big, screens are small... and you deserve to live your fullest life.

<https://screensanity.org/tool/smarterstart/>