

## Congregational Care Team

We invite you to help build the Beloved Community at Chelsea First joining one or more of the Congregational Care teams.

The Chelsea First's Congregational Care teams support our congregation in many ways

**Care Team Vision:** that each of us experiences Chelsea First as a community of help and support, no matter what we are facing, with respect for privacy and confidentiality.

- **Prayer Team** members commit to praying privately and confidentially, on their own time, over a set of concerns that are distributed via a weekly email.
- **Cards Team** members sign up (via the on-line Signup Genius tool) to send cards and notes to people on the Care list according to a defined schedule.
- **Meals Team** members volunteer (via Signup Genius) to prepare and deliver meals to those who need a break from shopping and meal prep.
- The **Rides and Errands Team** provides light shopping and transportation assistance.
- **Calling and Visiting Teams** are in personal contact with people who are isolated or experiencing particularly difficult times. Special training and selection are required.
- **Communion Team**  
The Home Communion Team brings consecrated Communion elements to those who are not attending in person.

To learn more or to volunteer, call Office Manager Liza Gray-Jarvis at 734-475-8119 or email Liza at [lgray@chelseaumc.org](mailto:lgray@chelseaumc.org). She will connect you with the appropriate team leader.

### Building the Beloved Community

Each of us experiences times of difficulty, loss and distress. In Christ, and with each other's support, none of us is alone.

Chelsea First strives to be a community of help and support, no matter what we are facing, while maintaining respect for privacy and confidentiality. If you are in a challenging time, please reach out to Office Manager and Care Team Dispatcher Liza Gray, 734-475-8119. She will talk with you about what types of support our Care Team can offer, at the level of confidentiality that you specify.